

Nurses Phone: (615) 848-9265 opt. 02 **Email:** nurses@midtnent.com
Surgery Schedulers' Phone: (615) 848-9265 opt. 03 **Email:** surgery@midtnent.com

PRE-SURGERY INSTRUCTIONS

You must stop the following medications **7 days before** surgery:

- Aspirin, BC or Goody's Powders
- Ibuprofen (Advil or Motrin)
- Naproxen/Naprosyn (Aleve)
- Excedrin
- ALL NSAIDS
- Vitamin E
- Fish Oil/Flaxseed Oil
- Herbal Supplements (list furnished upon request)

You may use Tylenol/Acetaminophen for pain/fever relief.

Please notify our office if you take the following prescriptions: There are separate instructions for stopping the following medications:

- Coumadin, Plavix, Eliquis, Xarelto, Warfarin etc.
- Weight Loss Injection / Diabetic Injection (Wegovy, Ozempic, Mounjaro, Zepbound etc.)
- Arthritis medications (Celebrex, Mobic, Voltaren, etc...)

STOP all food and drink at Midnight the night before surgery- this includes water, gum, candy and medication! You cannot have anything past midnight the night before surgery or anything the morning of your surgery.

Billing, Insurance and Cancellation

- **Billing and Insurance-** Our billing dept will verify benefits in regards to the physician fees and send a statement to you prior to surgery. We will also obtain prior notification and/or pre-cert if required by your insurance company. Please call our billing dept at for any billing questions. Any charges associated with the facility, anesthesia, lab and/or pathology are in addition to our fees and will be addressed by those companies.
- **Cancellation-** We require at least a one-week notice for surgery cancellations and re-schedules. **All surgeries cancelled less than 7 days prior to surgery can incur a \$250.00 late cancellation fee.** The fee automatically applies if you do not show up for surgery.
- **Nasal/sinus surgery patients** will have post-operative nasal debridements with the physician. Based on your healing, you may be subject to 1-4 debridements in the physician's office. Your insurance company may consider debridements as surgical procedures which may be subject to co-pays and deductibles.

Additional Information

- **Prescription narcotic pain medications are not refilled on weekends. If you feel that you may run out, please call our office no later than 3pm on Fridays to request a refill.**
- **FMLA/Surgery related paperwork-** There is a fee for this service. You must obtain this paperwork from your employer and allow us one week to complete. Paperwork will not be filled out until the fee is paid.